Coverage Period: 01/01/2020 – 12/31/2020 Coverage for: Single + Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.meritain.com or call (785) 889-4272. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For Tier 1 providers: \$1,000 person / \$2,000 family For Tier 2 providers: \$2,000 person / \$4,000 family For Tier 3 providers: \$7,500 person / \$15,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. For Tier 1 and Tier 2 <u>providers:</u> Preventive care (Tier 1 only), routine immunizations (Tier 1 only), office visit charges, <u>hospice services</u> , routine eye exam (all Tiers) and routine hearing exam (all Tiers) are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes. \$100 for prescription drug coverage. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For Tier 1 <u>providers</u> :\$6,000 person / \$12,000 family; For Tier 2 <u>providers</u> : \$8,000 person / \$16,000 family; For Tier 3 <u>providers</u> : Unlimited	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, preauthorization penalty amounts, <u>balance-billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind/custom/m ymeritain or call (800) 343-3140 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Tier 1 Core Providers (CHCS)	Tier 2 Participating Providers	Tier 3 Non- Participating Providers	Limitations, Exceptions, & Other Important Information
		(You will pay the least)	(You will pay	the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit (office visit) / 20% <u>coinsurance</u> (all other services)	\$40 <u>copay</u> /visit (office visit) / 40% <u>coinsurance</u> (all other services)	50% <u>coinsurance</u>	Copay applies to the physician office visit only.
	Specialist visit	\$20 copay/visit (office visit) / 20% coinsurance (all other services)	\$40 <u>copay</u> /visit (office visit) / 40% <u>coinsurance</u> (all other services)	50% <u>coinsurance</u>	
	Preventive care/ screening/ immunization	No charge (preventive care and routine immunizations) / 40% coinsurance (routine hearing exam) 20% coinsurance (all other routine care)	Not covered (preventive care and routine immunizations) / 40% coinsurance (all other routine care)	Not covered (preventive care and routine immunizations) / 50% coinsurance (all other routine care)	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	50% coinsurance	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required for PET scans and non-orthopedic CT/MRI's. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
If you need drugs to treat your illness or condition	Generic drugs	40% <u>copay</u> (retail & ma	il order)	Not Covered	Prescription drug <u>deductible</u> applies. Covers up to a 90-day supply (retail & mail order prescription), 30-day supply (<u>specialty drugs</u>). The <u>copay</u> applies per prescription. There is no
More information about prescription	<u>Formulary</u> brand drugs	40% <u>copay</u> (retail & ma	,	Not Covered	
drug coverage is available at	Non- <u>formulary</u> brand drugs	40% <u>copay</u> (retail & ma	il order)	Not Covered	charge or <u>deductible</u> for preventive drugs. Dispense as Written (DAW)

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		(You will pay the least)	(You will pay	the most)		
www.express- scripts.com	Specialty drugs	40% <u>copay</u> up to a max prescription (retail)	imum of \$1,000 per	Not Covered	provision applies. <u>Specialty drugs</u> must be obtained directly from the specialty pharmacy.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required for certain surgeries. If you don't get preauthorization, benefits could be	
	Physician/surgeon fees	20% <u>coinsurance</u>	40% coinsurance	50% <u>coinsurance</u>	reduced by \$500 of the total cost of the service. See your <u>plan</u> document for a detailed listing.	
If you need immediate medical attention	Emergency room care	\$100 copay/visit, then 20% coinsurance	\$100 <u>copay</u> /visit, then 40% <u>coinsurance</u>	\$100 <u>copay</u> /visit, then 40% <u>coinsurance</u>	Tier 3 <u>providers</u> are paid at the Tier 2 <u>provider</u> level of benefits. <u>Copay</u> is waived if admitted to the hospital.	
	Emergency medical transportation	20% coinsurance	20% coinsurance	20% coinsurance	Tier 3 <u>providers</u> are paid at the Tier 2 <u>provider</u> level of benefits.	
	<u>Urgent care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required. If you don't get preauthorization, benefits	
	Physician/surgeon fees	20% coinsurance	40% <u>coinsurance</u>	50% <u>coinsurance</u>	could be reduced by \$500 of the total cost of the service.	
If you need mental health, behavioral health, or substance abuse	Outpatient services	\$20 copay/visit (office visit)/20%coinsurance (all other outpatient)	\$40 <u>copay</u> /visit (office visit) /40% <u>coinsurance</u> (all other outpatient)	50% <u>coinsurance</u>	none	
services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
If you are pregnant	Office visits Childbirth/delivery professional services	\$20 <u>copay</u> /visit 20% <u>coinsurance</u>	\$40 <u>copay</u> /visit 40% <u>coinsurance</u>	50% coinsurance 50% coinsurance	Preauthorization required for inpatient hospital stays in excess of 48 hrs (vaginal delivery) or 96 hrs (c-	

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		(You will pay the least)	(You will pay	the most)	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	50% coinsurance	section). If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service. Cost sharing does not apply to preventive services from Tier 1 and Tier 2 providers. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby counts towards the mother's expense.
If you need help recovering or have other special health needs	Home health care	20% coinsurance	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	20% coinsurance	40% coinsurance	50% <u>coinsurance</u>	Includes physical, speech & occupational therapy.
	<u>Habilitation services</u>	20% coinsurance	40% coinsurance	50% coinsurance	none
	Skilled nursing care	20% coinsurance	40% <u>coinsurance</u>	50% coinsurance	<u>Preauthorization</u> required. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% coinsurance	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Preauthorization required for electric/motorized scooters or wheelchairs and pneumatic compression devices. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Hospice services	No Charge	No Charge	Not Covered	Bereavement counseling is covered if received within 6 months of death.
If your child needs	Children's eye exam	20% coinsurance	40% coinsurance	50% coinsurance	Limited to 1 exam per year.
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cov <u>services</u> .)	ver (Check your policy or <u>plan</u> document for m	nore information and a list of any other <u>excluded</u>		
Acupuncture	• Glasses (Adult & Child)	 Routine foot care (except for metabolic or 		
Cosmetic surgery	 Long-term care 	peripheral vascular disease, or foot		
Dental care (Adult & Child)		orthotics for diabetes)		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)				
Bariatric surgery (for the treatment of	Hearing aids	• Routine eye care (Adult & Child)		
morbid obesity only)	• Infertility treatment	• Weight loss programs (for the treatment of		
Chiropractic care	Private-duty nursing	morbid obesity only)		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or https://www.dol.gov/ebsa/healthreform or Community HealthCare System, Inc. (785) 889-4272. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or https://www.dol.gov/ebsa/healthreform or Community HealthCare System, Inc. (785) 889-4272.

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Kansas Insurance Department, Consumer Assistance Division at (800) 432-2484 (in state)/ (785) 296-7829.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of Tier 1 pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$1,000
Primary care physician copayment	\$20
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$1,022	
Copayments	\$380	
Coinsurance	\$2,016	
What isn't covered		
Limits or exclusions	\$ 60	
The total Peg would pay is	\$3,477	

\$12,840

Managing Joe's Type 2 Diabetes

(a year of routine Tier 1 care of a well-controlled condition)

■ The plan's overall deductible	\$1,000
Specialist copayment	\$20
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost \$7,460

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$1,100	
Copayments	\$200	
Coinsurance	\$2,075	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$3,431	

Mia's Simple Fracture

(Tier 1 emergency room visit and follow-up care)

The plan's overall deductible	\$1,000
Specialist copayment	\$20
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost

In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$1,000	
Copayments	\$160	
Coinsurance	\$272	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,432	

\$2,010