



April is OT month!

Occupational therapists help people of all ages interact and engage in everyday life by developing, maintaining, or retraining skills for individuals with a disorder, condition, or illness (cognitive, physical, or mental).

Focus areas include the following.

Treatment of shoulder, elbow, forearm, wrist, and hand problems because of:

- Arthritis & rheumatic diseases
- Crush injuries or trauma
- Fractures
- Joint replacement
- Ligament or tendon injuries
- Muscle strains, tears, and avulsions
- Pain, wounds, scars, and much more!

OT also helps with common conditions such as:

- Alzheimer's disease
- Autism
- Brain injury
- Carpal tunnel syndrome
- Cerebral palsy
- Delayed milestones
- Down syndrome
- Low vision
- Parkinson's disease
- Poor balance and endurance
- Spinal cord injury
- Stroke, and much more!

Our staff also provides home assessment and modifications, splinting and orthotics, wheelchair seating and positioning, and women's health/pelvic floor treatment.



**Need help?
Call your area OT!**

- **Stephen Cabler,**
OTR/L
- **Keeley Cowley,** OT
- **Debra Dellere,**
OTR/L
- **Ellen Haverkamp,**
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- **Jill Nolte,** OTR/L

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***Our mission: To Enrich
the Health and Lives of
the People We Serve.***



**Community
HealthCare System**
NE Kansas



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