

Helpful Resources – Onaga, KS

Alzheimer's Association

- Assistance for someone who has declining memory. Support groups for individuals diagnosed with memory loss and their caregivers
- ☎ 800-272-3900 24/7 Helpline www.alz.org

Area Agency on Aging

- Medicare Insurance Counseling, information and outreach for older adults, Caregiver Support Group, employment assistance, housing assistance, long-term care
- Manhattan, KS ☎ 785-776-9294 <https://www.ncfhaaa.com>

Community Healthcare System

- Family Medicine, Emergency Services, Lab and Imaging, Rehab, Senior Living, Acute/Swing Bed, Specialty Clinics, and more!
- Onaga, KS ☎ 785-889-4272

Community Care Ministries

- Food, clothing, rent assistance, medical and mental health services for people with no insurance
- Food Pantry – Tuesday/Wednesday/Thursday – 10:00 AM – 4:00 PM
- 407 Ash St., Wamego, KS ☎ 785-456-7872 <https://ccmks.org>

County Health Department

- Pottawatomie Co. Health Department – 320 E Main St. – Westmoreland, KS
- Westmoreland, KS ☎ 785-457-3719
- <https://www.pottcounty.org/154/Health-Department>

Helpful Resources – Onaga, KS

Division of Children and Family Services

- Child Care Assistance, Child Welfare Program, Substance Abuse and Mental Health Treatment Program, Independent Living Services, Food Assistance, Temporary Cash Assistance, Medicaid Programs
- Topeka, KS ☎ 785-296-5666 www.dcf.ks.gov

Domestic Violence

- 24/7 Nationwide Hotline that provides tools and support to survivors of domestic violence so they can live their lives free of abuse – highly trained, expert advocates offer free, confidential and compassionate support
- ☎ 1-800-799-SAFE or text 88788

Food

- Mobile Food Drive - Harvesters
 - St. Marys Immaculate Conception Church, 204 W. Bertrand
 - 4th Wednesday every month 10:30-11:30 am
 - ☎ 785-213-0567
 - Wamego – Outside of Family Worship Center
 - 2nd Thursday every month 10:30am-12:30pm
 - ☎ 785-456-9646
- Food Pantry
 - First Congregational Church, 4th & Lucien, Onaga
 - Every Wednesday 3-5pm
 - ☎ 785-889-4550
 - Havensville Christian Church, 301 Mabel St., Havensville
 - By appointment
 - ☎ 785-207-3177 or 785-844-3962

Helpful Resources – Onaga, KS

Food (continue...)

- Meals on Wheels and Congregational Meals
 - Onaga Senior Center, 200 Bypass Rd., Onaga
 - ☎785-889-4402
- Pottawatomie County Health Department – WIC ☎785-457-3719
- TEFAP (income based, 60 & over – kansasfoodsource.org)
 - Wamego Community Care Ministry, 407 Ash Street, Wamego
 - ☎785-456-7872
 - St. Mry Immaculate Conception, 409 W. Lasley St Marys
 - ☎785-213-0567
 - Westmoreland UMC, 107 S 2nd St, Westmoreland
 - ☎785-457-3491

In-Home Care

- Heartland At Home Care Wamego, KS ☎785-456-2273
- Interim Healthcare Manhattan, KS ☎785-320-7600
- Three Rivers Wamego, KS ☎785-456-9915

Insurance Options

- CHCS has health insurance counselors 785-889-5054
- Kancare www.kancare.ks.gov/home
 - Offers basic medical services for eligible members based on income/assets. Services are provided through managed care organizations – Aetna, Sunflower and United Healthcare
- Health Insurance Marketplace www.healthcare.gov
 - If you don't have health insurance through a job, Medicare, Medicaid, or another source that provides qualifying health coverage, you can find coverage through the marketplace
- Medicare www.medicare.gov

Helpful Resources – Onaga, KS

Insurance Options (continue...)

- Health insurance for people 65 or older. You may also be eligible for Medicare if you have a disability, End Stage Renal Disease or ALS

Kansas Legal Services

- Legal aid for individuals with low income – landlord and tenant rights and more. Complete the online application to get started.
- Manhattan, KS ☎ 785-537-2943 www.kansaslegalservices.org

Mental Health

- See Outpatient Mental Health Resource List

Suicide Hotline

- Direct line to trained counselors to address immediate needs and help connect to ongoing care
- ☎ **Call or Text: 988**

Transportation

- Community Healthcare System – patient transportation to medical appointments ☎ 785-889-4272
- Pottawatomie County Transportation – general public transportation. Transportation is provided to Manhattan and Topeka on scheduled days. Schedule posted online
 - ☎ 877-728-0433
 - <https://ksrides.org/pottawatomie-county-public-transportation/>

Helpful Resources – Onaga, KS

VA

- Colmery O'Neil Veterans Administration
- Topeka, KS ☎785-350-3111