

## Helpful Resources – Onaga, KS

### Alzheimer's Association

- Assistance for someone who has declining memory. Support groups for individuals diagnosed with memory loss and their caregivers
- ☎ 800-272-3900 24/7 Helpline [www.alz.org](http://www.alz.org)

### Area Agency on Aging

- Medicare Insurance Counseling, information and outreach for older adults, Caregiver Support Group, employment assistance, housing assistance, long-term care
- Manhattan, KS ☎ 785-776-9294 <https://www.ncfhaaa.com>

### Community Healthcare System

- Family Medicine, Emergency Services, Lab and Imaging, Rehab, Senior Living, Acute/Swing Bed, Specialty Clinics, and more!
- Onaga, KS ☎ 785-889-4272

### Community Care Ministries

- Food, clothing, rent assistance, medical and mental health services for people with no insurance
- Food Pantry – Tuesday/Wednesday/Thursday – 10:00 AM – 4:00 PM
- 407 Ash St., Wamego, KS ☎ 785-456-7872 <https://ccmks.org>

### County Health Department

- Pottawatomie Co. Health Department – 320 E Main St. – Westmoreland, KS
- Westmoreland, KS ☎ 785-457-3719
- <https://www.pottcounty.org/154/Health-Department>

## Helpful Resources – Onaga, KS

### Division of Children and Family Services

- Child Care Assistance, Child Welfare Program, Substance Abuse and Mental Health Treatment Program, Independent Living Services, Food Assistance, Temporary Cash Assistance, Medicaid Programs
- Topeka, KS ☎ 785-296-5666 [www.dcf.ks.gov](http://www.dcf.ks.gov)

### Domestic Violence

- 24/7 Nationwide Hotline that provides tools and support to survivors of domestic violence so they can live their lives free of abuse – highly trained, expert advocates offer free, confidential and compassionate support
- ☎ 1-800-799-SAFE or text 88788

### Food

- Mobile Food Drive - Harvesters
  - First Baptist Church Onaga – *in progress contact CHCS Social Service Department*
- Onaga Congregational Church – Food Pantry
  - ☎ 785-889-4550
- Onaga Senior Center – Congregational Meals and Meals on Wheels
  - ☎ 785-889-4402
- Pottawatomie County Health Department – WIC ☎ 785-457-3719
- TEFAP Commodities at St. Vincent de Paul Catholic Church. Must meet income guidelines. Every other month, 2<sup>nd</sup> Friday 4-5 PM
  - Angie Sauvage ☎ 785-547-6813

## Helpful Resources – Onaga, KS

### In-Home Care

- Heartland At Home Care    Wamego, KS    ☎ 785-456-2273
- Interim Healthcare        Manhattan, KS    ☎ 785-320-7600
- Three Rivers                Wamego, KS    ☎ 785-456-9915

### Insurance Options

- CHCS has health insurance counselors 785-889-5054
- Kancare [www.kancare.ks.gov/home](http://www.kancare.ks.gov/home)
  - Offers basic medical services for eligible members based on income/assets. Services are provided through managed care organizations – Aetna, Sunflower and United Healthcare
- Health Insurance Marketplace [www.healthcare.gov](http://www.healthcare.gov)
  - If you don't have health insurance through a job, Medicare, Medicaid, or another source that provides qualifying health coverage, you can find coverage through the marketplace
- Medicare [www.medicare.gov](http://www.medicare.gov)
  - Health insurance for people 65 or older. You may also be eligible for Medicare if you have a disability, End Stage Renal Disease or ALS

### Kansas Legal Services

- Legal aid for individuals with low income – landlord and tenant rights and more. Complete the online application to get started.
- Manhattan, KS    ☎ 785-537-2943    [www.kansaslegalservices.org](http://www.kansaslegalservices.org)

### Mental Health

- See Outpatient Mental Health Resource List

## Helpful Resources – Onaga, KS

### Suicide Hotline

- Direct line to trained counselors to address immediate needs and help connect to ongoing care
- 📞 **Call or Text: 988**

### Transportation

- Community Healthcare System – patient transportation to medical appointments 📞 785-889-4272
- Pottawatomie County Transportation – general public transportation. Transportation is provided to Manhattan and Topeka on scheduled days. Schedule posted online
  - 📞 877-728-0433
  - <https://ksrides.org/pottawatomie-county-public-transportation/>

### VA

- Colmery O'Neil Veterans Administration
- Topeka, KS 📞 785-350-3111