



# Health Fair FAQ

**Below are answers to some frequently asked questions about the Health Fair and information you will receive from labs. Learn more at <https://bit.ly/CHCS-Health-Fair>**

## **What tests will I receive?**

Lab tests include complete blood count, chemistry panel, thyroid screen, cholesterol panel, and hemoglobin A1c for diabetes screening for \$25. A prostate specific antigen, or PSA, test can be added for \$10.

## **What does a chemistry panel tell me?**

The chemistry panel will test liver function as indicated by liver enzymes ALT and AST; kidney function as indicated by creatinine; electrolytes (sodium, potassium, chloride, calcium and CO<sub>2</sub>); and blood glucose.

## **Are iron and magnesium levels included in the results?**

No. These are separate tests that are not included at the Health Fair; however, the complete blood count will indicate your hemoglobin level, which can indicate whether you have an iron deficiency.

## **What does the thyroid screen measure?**

The thyroid screen measures TSH, or thyroid stimulating hormone.

## **What does measuring PSA tell me?**

A PSA test is one way to screen for prostate cancer in men.

## **Why do I need to fast before the test?**

Fasting improves the accuracy of the tests because nutrients in food and beverages are absorbed into your bloodstream and could affect measurements.

## **How long will this take, and when will I get my results?**

The blood draw will take only a few minutes, but wait times for walk-ins depends on volume. Calling to schedule will minimize the wait. Add extra time if you wish to receive a flu shot or COVID-19 vaccine. Results will come via mail in about 2 weeks.